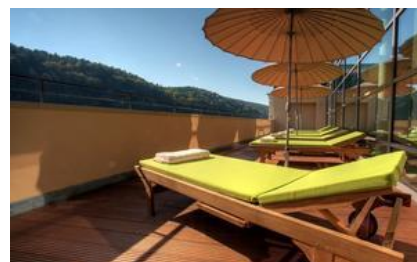
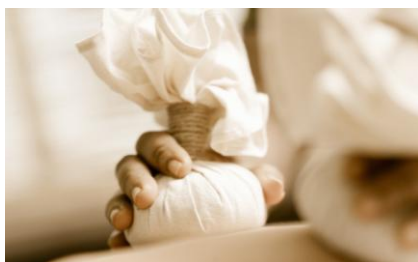


HOTEL ELBRESIDENZ BAD SCHANDAU

VIVA VITAL & MEDICAL SPA

HERBAL ENERGY- HEALTH THROUGH NATURE



Take advantage of the gentle healing forces of nature and add a practical and pleasant health check with beneficial tender loving care. We will make a meridian diagnosis, to give an image of your body's energy status, identify blockages and regulate them through gentle natural healing processes. Enjoy the sensitive stimulation of your physical, mental and spiritual forces and experience your energy levels returning to a harmonious state.

- 5 nights including a gourmet breakfast
- 5 evening meals (4 course menu or buffet) in our "Vital" restaurant with highly aromatic, nutritious cuisine and ayurvedic culinary delights
- Customised health advice with meridian measurements – combining 5,000 years of ancient Chinese knowledge and the most up-to-date computer technology.
- An unforgettable enjoyable herbal ball massage that is both vitalising and vivifying. You will receive a flowing massage of varying pressure along the meridians with a warm ball of herbs.
- An invigorating foot reflexology massage
- A herbal bath – pure, natural essences have an effect on the whole body with their mild, pleasant aroma
- A straw wrap – releases muscular tensions
- Daily use of Viva Vital SPA with aurora bath, sauna landscape and fitness centre, bathrobe and mineral water.

Low season **from € 664.00** per person in a double room with view of the atrium

High season **from € 709.00** per person in a double room with a view of the atrium

Supplements per person:

single room supplement: € 15.00 per night • extra night including Vital evening from € 83.00 per person

Tip (optional): Vital full-board with a refreshing lunch offer: € 16.00 per person per day

High season: 01.04.10 - 31.10.10 / 23.12.10 - 02.01.11

Low season: 01.11.10 - 22.12.10 / 03.01.11 - 14.04.11

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