



HOTEL ELBRESIDENZ BAD SCHANDAU
VIVA VITAL & MEDICAL SPA

NATURALLY HEALTHY WITH HERBS



Use the protective healing powers of nature, and enjoy a health check along with very pleasant tender loving care. We will carry out a totally painless meridian diagnosis to find out the energy status of your body, and can find any blockages, and then regulate them using gentle natural medicine. Enjoy sensitive stimulation of your physical, mental and spiritual forces, and experience the restored harmony of your energy.

- 5 nights including a delicious breakfast
- 5 dinners (Vital Menu) in our restaurant "Vital" with wonderfully aromatic, energy-rich cuisine and ayurvedic delicacies
- individually tailored health advice with a meridian assessment – combining 5,000 years of Chinese knowledge and cutting edge computer technology
- an unforgettable, pistil herbal session to spoil you – vitalising and invigorating
- With a warm mix of herbs, your will receive a pistil massage that flows along the meridians with varying levels of pressure.
- an activating reflexology foot massage
- a herbal bath – pure, natural essences that have an effect on the whole body with a mild, pleasant aroma
- a hay wrap – releases muscle tension
- a guided herbal walk
- daily access to the 1600m² Viva Vital SPA with aurora bath, sauna landscape and fitness centre, including dressing gowns and mineral water
- Daily access to the Viva Vital SPA with aurora bath, sauna landscape and fitness centre, bathrobe and mineral water

Low season **from € 771.00** per person in double room with view of the atrium
High season **from € 831.00** per person in double room with view of the atrium

Supplements per person:

single room supplement: € 15.00 per night • extra night including Vital evening from € 85.00 per person

Tip (optional): Vital full-board with a refreshing lunch offer: € 14.00 per person per day

High season: 15.04.11 - 31.10.11 / 23.12.11 - 01.01.12

Low season: 01.11.11 - 22.12.11 / 01.01.12 - 31.03.12